

NUT 2026-2027 CURRICULUM						
1. Semester Course Plan						
Course Code	Course Name		T	A	C	ECTS
NUT 127	Anatomy I	C	2	0	2	3
NUT 123	Orientation of Profession and Ethics	C	2	0	1	2
NUT 129	Basic Chemistry I	C	2	2	3	3
NUT 115	Physiology I	C	2	0	2	3
BIL 101	Basic Computer Skills I	C	1	2	2	2
ENG 105	English for Academic Purposes I	C	2	2	3	4
TUR 101	Turkish Language and Literature I	C	2	0	2	2
ATA 101	Atatürk’s Principles & The History of Turkish Revolution I	C	2	0	2	2
ACU XXX	Elective Course (University)	E	2	0	2	3
NUT XXX	Area Elective Course I	E	2	0	2	3
NUT XXX	Area Elective Course II	E	2	0	2	3
Total			21	6	23	30
Area Elective Courses						
PSI 101	General Psychology	E	2	0	2	3
NUT 121	General Economics	E	2	0	2	3
2. Semester Course Plan						
Course Code	Course Name		T	A	C	ECTS
NUT 126	Basic Chemistry II	C	3	0	3	3
NUT 134	Medical Biology and Genetics	C	2	2	3	2
NUT 132	Anatomy II	C	2	0	2	3
NUT 130	Physiology II	C	2	0	2	3
BIL 102	Basic Computer Skills II	C	1	2	2	2

ENG 106	English for Academic Purposes II	C	2	2	3	4
TUR 102	Turkish Language and Literature II	C	2	0	2	2
ATA 102	Atatürk’s Principles & The History of Turkish Revolution II	C	2	0	2	2
NUT XXX	Area Elective Course III	E	2	0	2	3
NUT XXX	Area Elective Course IV	E	2	0	2	3
ACU XXX	Elective Course (University)	E	2	0	2	3
Total			22	6	25	30
Area Elective Courses						
NUT 128	Nutritional Anthropology	E	2	0	2	3
NUT 124	Sociology	E	2	0	2	3
3. Semester Course Plan						
Course Code	Course Name		T	A	C	ECTS
NUT 251	Nutritional Biochemistry I	C	3	0	3	5
NUT 223	Food Chemistry and Practices I	C	3	2	3	6
NUT 221	Principles of Food, Preparation and Cooking Practices I	C	2	2	3	5
NUT 255	Principles of Nutrition I	C	3	2	4	5
NUT 245	Basic Microbiology	C	2	2	3	2
NUT XXX	Area Elective Course V	E	2	0	2	4
ACU XXX	Elective Course (University)	E	2	0	2	3
Total			17	8	20	30
Area Elective Courses						
NUT 233	Accessing Evidence-Based Information and Academic Writing Skills	E	2	0	2	4
4. Semester Course Plan						
Course Code	Course Name		T	A	C	ECTS
NUT 252	Nutritional Biochemistry II	C	3	0	3	5

NUT 216	Food Microbiology	C	2	0	2	3
NUT 222	Principles of Food, Preparation and Cooking Practices II	C	2	2	3	5
NUT 256	Principles of Nutrition II	C	3	2	4	5
NUT 224	Food Chemistry and Practices II	C	3	2	3	6
NUT 250	Demographical Structure and Health	C	2	0	2	3
ACU XXX	Elective Course (University)	E	2	0	2	3
Total			17	6	19	30
5. Semester Course Plan						
Course Code	Course Name		T	A	C	ECTS
NUT 367	Nutritional and Dietetic Practice in Adult Diseases I	C	4	2	5	5
NUT 343	Nutritional and Dietetic Practice in Pediatric Diseases I	C	2	2	3	4
NUT 339	Food Control and Legislation	C	2	0	2	2
NUT 347	Mother and Child Nutrition	C	2	2	3	3
NUT 349	Institutional Food Services I	C	3	0	3	3
NUT 351	Nutritional Assesment of Community	C	3	0	3	3
NUT 373	Case-Based Practice in Nutrition and Dietetics I	C	0	2	1	2
NUT XXX	Area Elective Course VI	E	2	0	2	2
NUT XXX	Area Elective Course VII	E	2	0	2	3
NUT XXX	Area Elective Course VIII	E	2	0	2	3
Total			22	8	26	30
Area Elective Courses						
MIS 317	Biostatistics	E	2	0	2	2
NUT 371	Nutritional Support Systems	E	2	0	2	3
NUT 369	Nutraceuticals and Food Supplements	E	2	0	2	3
NUT 311	Social Responsibility	E	2	0	2	3
6. Semester Course Plan						

Course Code	Course Name		T	A	C	ECTS
NUT 368	Nutritional and Dietetic Practice in Adult Diseases II	C	4	2	5	5
NUT 344	Nutritional and Dietetic Practice in Pediatric Diseases II	C	2	2	3	4
NUT 346	Community Nutrition and Epidemiology	C	3	0	3	3
NUT 350	Institutional Food Services II	C	3	0	3	3
NUT 356	Nutrition Education and Counseling	C	1	2	2	2
NUT 374	Case-Based Practice in Nutrition and Dietetics II	C	0	2	1	2
NUT XXX	Area Elective Course IX	E	2	0	2	3
NUT XXX	Area Elective Course X	E	2	0	2	3
NUT XXX	Area Elective Course XI	E	2	0	2	3
NUT XXX	Area Elective Course XII	E	2	0	2	2
Total			21	8	25	30
Area Elective Courses						
NUT 318	Cancer and Nutrition	E	2	0	2	3
NUT 354	Adult Obesity Management	E	2	0	2	3
NUT 362	Sports Nutrition	E	2	0	2	3
NUT 310	Quality Management and Assurance	E	2	0	2	3
NUT 372	Communication Skills	E	2	0	2	3
MIS 318	Research Methods	E	2	0	2	2
NUT 366	Vegetarian Diets	E	2	0	2	3
7. Semester Course Plan						
Course Code	Course Name		T	A	C	ECTS
NUT 401	Vocational Training in Clinical Nutrition-Children	C	0	18	9	7
NUT 403	Vocational Training in Clinical Nutrition--Adult	C	0	18	9	7
NUT 407	Vocational Training in Community Nutrition	C	0	22	11	6
NUT 421	Professional Projects I	C	2	0	2	2

NUT 465	Seminar I	C	2	0	2	2
NUT XXX	Area Elective Course XIII	E	2	0	2	3
NUT XXX	Area Elective Course XIV	E	2	0	2	3
Total			8	58	37	30
Area Elective Courses						
NUT 429	Nutrition in Elderly People	E	2	0	2	3
NUT 459	Eating Disorders	E	2	0	2	3
NUT 433	Prebiotics and Probiotics	E	2	0	2	3
NUT 447	Bariatric Surgery and Nutrition Therapy	E	2	0	2	3
NUT 449	Nutrition and Health Communication in Media	E	2	0	2	3
8. Semester Course Plan						
Course Code	Course Name		T	A	C	ECTS
NUT 402	Vocational Training in Institutional Food Services	C	0	18	9	7
NUT 404	Vocational Trainig in Nutrition and Dietetics - External Institution	C	0	18	9	7
NUT 422	Professional Projects II	C	2	0	2	2
NUT 466	Seminar II	C	2	0	2	2
NUT XXX	Area Elective Course XV	E	2	0	2	3
NUT XXX	Area Elective Course XVI	E	2	0	2	3
NUT XXX	Area Elective Course XVII	E	2	0	2	3
NUT XXX	Area Elective Course XVIII	E	2	0	2	3
Total			12	36	30	30
Area Elective Courses						
NUT 420	Ethics in Professional Practice	E	2	0	2	3
NUT 408	Nutritional Supplements and Functional Foods	E	2	0	2	3
NUT 410	Nutrients and Diseases	E	2	0	2	3

NUT 414	Food-Drug Interaction	E	2	0	2	3
NUT 418	Nutrition and Genetics	E	2	0	2	3
NUT 434	Microbiota and Diet Interaction	E	2	0	2	3
NUT 446	Carbohydrate Counting	E	2	0	2	3
NUT 432	Food Intolerance and Allergies	E	2	0	2	3
	Total Compulsory Credits:			161		
	Total Elective Credits:			44		
	Total Elective ECTS Credits:			65		
	Percentage of Elective ECTS Credits (%):			27,1		
	Total Credits:			205		
	Total ECTS Credits:			240		