

NUT 2025-2026 CURRICULUM

1. Semester Course Plan

Course Code	Course Name		T	A	C	ECTS
NUT 127	Anatomy I	C	2	0	2	3
NUT 123	Orientation of Profession and Ethics	C	1	0	1	2
NUT 125	Basic Chemistry I	C	2	2	3	4
NUT 115	Physiology I	C	2	0	2	3
BIL 101	Basic Computer Skills I	C	1	2	2	2
ENG 105	English for Academic Purposes I	C	2	2	3	5
TUR 101	Turkish Language and Literature I	C	2	0	2	2
ATA 101	Atatürk's Principles & The History of Turkish Revolution I	C	2	0	2	2
ACU XXX	Elective Course (University)	E	2	0	2	3
NUT XXX	Area Elective Course I	E	2	0	2	3
NUT XXX	Area Elective Course II	E	2	0	2	3

Area Elective Courses

PSI 101	General Psychology	E	2	0	2	3
NUT 121	General Economics	E	2	0	2	3
Total			20	6	23	32

2. Semester Course Plan

Course Code	Course Name		T	A	C	ECTS
NUT 126	Basic Chemistry II	C	3	0	3	3
NUT 118	Medical Biology and Genetics	C	2	2	3	4
NUT 132	Anatomy II	C	2	0	2	3
NUT 130	Physiology II	C	2	0	2	3
BIL 102	Basic Computer Skills II	C	1	2	2	2

ENG 106	English for Academic Purposes II	C	2	2	3	5
TUR 102	Turkish Language and Literature II	C	2	0	2	2
ATA 102	Atatürk's Principles & The History of Turkish Revolution II	C	2	0	2	2
NUT XXX	Area Elective Course III	E	2	0	2	3
NUT XXX	Area Elective Course IV	E	2	0	2	3
ACU XXX	Elective Course (University)	E	2	0	2	3

Area Elective Courses

NUT 128	Nutritional Anthropology	E	2	0	2	3
NUT 124	Sociology	E	2	0	2	3
Total			22	6	25	33

3. Semester Course Plan

Course Code	Course Name		T	A	C	ECTS
NUT 251	Nutritional Biochemistry I	C	3	0	3	5
NUT 247	Food Chemistry and Practices I	C	2	2	3	5
NUT 253	Principles of Food, Preparation and Cooking Practices I	C	2	2	3	4
NUT 255	Principles of Nutrition I	C	3	2	4	5
NUT 245	Basic Microbiology	C	2	2	3	2
NUT XXX	Area Elective Course V	E	2	0	2	4
ACU XXX	Elective Course (University)	E	2	0	2	3

Area Elective Courses

NUT 233	Accessing Evidence-Based Information and Academic Writing Skills	E	2	0	2	4
Total			16	8	20	28

4. Semester Course Plan

Course Code	Course Name		T	A	C	ECTS
NUT 252	Nutritional Biochemistry II	C	3	0	3	5

NUT 246	Food Microbiology	C	2	0	2	2
NUT 254	Principles of Food, Preparation and Cooking Practices II	C	2	2	3	4
NUT 256	Principles of Nutrition II	C	3	2	4	5
NUT 244	Food Chemistry and Practices II	C	2	2	3	5
NUT 210	Food and Nutrition	C	2	2	3	5
NUT 250	Demographical Structure and Health	C	2	0	2	3
ACU XXX	Elective Course (University)	E	2	0	2	3
Total			18	8	22	32

5. Semester Course Plan

Course Code	Course Name		T	A	C	ECTS
NUT 367	Nutritional and Dietetic Practice in Adult Diseases I	C	4	2	5	5
NUT 343	Nutritional and Dietetic Practice in Pediatric Diseases I	C	2	2	3	4
NUT 345	Food Control and Legislation	C	2	0	2	1
NUT 347	Mother and Child Nutrition	C	2	2	3	3
NUT 349	Institutional Food Services I	C	3	0	3	3
NUT 351	Nutritional Assessment of Community	C	3	0	3	3
NUT XXX	Area Elective Course VI	E	2	0	2	2
NUT XXX	Area Elective Course VII	E	2	0	2	3
NUT XXX	Area Elective Course VIII	E	2	0	2	3
Total			22	6	25	27

Area Elective Courses

MIS 317	Biostatistics	E	2	0	2	2
NUT 353	Adult Obesity Management	E	2	0	2	3
NUT 359	Eating Disorders	E	2	0	2	3
NUT 369	Nutraceuticals and Food Supplements	E	2	0	2	3

6. Semester Course Plan

Course Code	Course Name		T	A	C	ECTS
NUT 368	Nutritional and Dietetic Practice in Adult Diseases II	C	4	2	5	5
NUT 344	Nutritional and Dietetic Practice in Pediatric Diseases II	C	2	2	3	4
NUT 346	Community Nutrition and Epidemiology	C	3	0	3	3
NUT 350	Institutional Food Services II	C	3	0	3	3
NUT 356	Nutrition Education and Counseling	C	1	2	2	2
NUT XXX	Area Elective Course IX	E	2	0	2	3
NUT XXX	Area Elective Course X	E	2	0	2	3
NUT XXX	Area Elective Course XI	E	2	0	2	1
NUT XXX	Area Elective Course XII	E	2	0	2	2
Total			21	6	24	26

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Area Elective Courses

NUT 318	Cancer and Nutrition	E	2	0	2	3
NUT 358	Nutritional Support Systems	E	2	0	2	3
NUT 362	Sports Nutrition	E	2	0	2	3
NUT 310	Quality Management and Assurance	E	2	0	2	3
NUT 370	Communication Skills	C	2	0	2	1
MIS 318	Research Methods	C	2	0	2	2
NUT 366	Vegetarian Diets	E	2	0	2	3

7. Semester Course Plan

Course Code	Course Name		T	A	C	ECTS
NUT 401	Vocational Training in Clinical Nutrition-Children	C	0	18	9	7
NUT 403	Vocational Training in Clinical Nutrition--Adult	C	0	18	9	7
NUT 405	Vocational Training in Community Nutrition	C	0	22	11	7
NUT 467	Professional Projects I	C	2	0	2	3
NUT 465	Seminar I	C	2	0	2	2

NUT XXX	Area Elective Course XIII	E	2	0	2	3
NUT XXX	Area Elective Course XIV	E	2	0	2	3
NUT XXX	Area Elective Course XV	E	2	0	2	3
Total			10	58	39	35

Area Elective Courses

NUT 429	Nutrition in Elderly People	E	2	0	2	3
NUT 431	Food Intolerance and Allergies	E	2	0	2	3
NUT 433	Prebiotics and Probiotics	E	2	0	2	3
NUT 447	Bariatric Surgery and Nutrition Therapy	E	2	0	2	3
NUT 449	Nutrition and Health Communication in Media	E	2	0	2	3

8. Semester Course Plan

Course Code	Course Name		T	A	C	ECTS
NUT 402	Vocational Training in Institutional Food Services	C	0	18	9	7
NUT 404	Vocational Trainig in Nutrition and Dietetics - External Institution	C	0	18	9	7
NUT 468	Professional Projects II	C	2	0	2	3
NUT 466	Seminar II	C	2	0	2	2
NUT XXX	Area Elective Course XVI	E	2	0	2	3
NUT XXX	Area Elective Course XVII	E	2	0	2	3
NUT XXX	Area Elective Course XVIII	E	2	0	2	2
Total			10	36	28	27

Area Elective Courses

NUT 470	Ethics in Professional Practice	C	2	0	2	2
NUT 408	Nutritional Supplements and Functional Foods	E	2	0	2	3
NUT 410	Nutrients and Diseases	E	2	0	2	3
NUT 414	Food-Drug Interaction	E	2	0	2	3

NUT 418	Nutrition and Genetics	E	2	0	2	3
NUT 434	Microbiota and Diet Interaction	E	2	0	2	3
NUT 446	Carbohydrate Counting	E	2	0	2	3
	Total Compulsory Credits:				162	
	Total Elective Credits:				44	
	Total Elective ECTS Credits:				62	
	Percentage of Elective ECTS Credits (%):				25,8	
	Total Credits:				206	
	Total ECTS Credits:				240	